

Hot Lunch Menus

Verdicchio Deli

Cost: \$6:00 for one main meal and one side dish

Main

Penne & Tomato Sauce	Penne & Meat Sauce
Penne & Alfredo Sauce	Penne & Butter
Cheese Tortellini	Whole Wheat Cheese Pizza
Ham Baguette- mayo, mustard, cheese & lettuce	
Turkey Baguette- mayo, mustard, cheese & lettuce	

Side

Tossed Salad with Ranch dressing	
Tossed Salad with Italian dressing	
Garlic Bread	Caesar Salad

MaxFrut-Frozen Fruit Bar

Cost \$2.00 each

Bumble Berry	Mango	Strawberry	Watermelon
--------------	-------	------------	------------

Dundarave Sushi

Chicken Teriyaki Roll \$3.50	California Roll \$3.00
Cucumber Roll \$3.00	Plain Rice \$1.25
Gyoza 6pcs \$4.25	Yam Roll \$3.00
Miso Soup \$ 1.25	Avocado Roll \$3.00
Edamame \$3.50	Assorted Tempura \$5.50

TCBY-FROZEN YOGURT

Cost:\$2.00 each

Chocolate	Vanilla	Chocolate/Vanilla Swirl
-----------	---------	-------------------------

Magic Lunch Box

Cost \$6.00 for one main meal, one Beverage or yogurt and one Baked Good

Main

Chicken Caesar Salad Wrap on Whole-wheat Tortilla
Tuna Salad Wrap on Whole-Wheat Tortilla
Three Cheese Backed Quesadilla on Whole-Wheat
Stir Fry Vegetables and Wheat Noodles
Baked Parmesan Chicken Leg with Orzo Salad

Beverage or Yogurt

Chocolate milk	Pure Apple Juice	Veggie Juice (Strawberry Banana)
Strawberry Yogurt		

Baked Good

Chocolate Chip Oatmeal Cookie	Chocolate Zucchini Muffin
Apple Pie Muffin	