

**WEST VANCOUVER CHILD DEVELOPMENT CENTRE**

**JULY/AUGUST NEWSLETTER 2011**

**SUMMER FUN PROGRAM**

This is the only newsletter being issued for the summer months. It is jammed packed full of information designed to help your child have a wonderful summer. Please take a few moments to read through the material carefully and keep it in a handy place to refer to when needed.

Sad good-byes to: Paisley, Aubtin, Danny, Fisher, Hayley, Jack L., Nicole, Amelia, Shelby, and Victor– all who will leave our program this summer.

**SUMMER CLOSURES**

The centre will be closed on Friday, July 1<sup>st</sup> and on Monday, August 1<sup>st</sup>. We hope everyone enjoys the time off!

**FIELD TRIP GROUPS**

For the purpose of field trips only, the children in the 3-5 program will be divided into 3 groups according to their ages. The Chickadees will take short jaunts away from the centre, while the Red Robins and Eagles will travel further away, testing their wings.

Here are the groups:

**Chickadees**

Alessia Siena M.

Emma Spencer

Isak Wylie

James Xante

Marin

Matthew

Melanie

Michaela

Selina

**Red Robins**

Hanlan Jordan

Elissa

Henri

Jack C

Kian

Lauren

Lukas

Riley

Sienna S

**Eagles**

Aubtin

Danny

Fisher

Hayley

Nicole

Victor

Ava

Charlotte

## **SUMMER SUPPLIES**

Please ensure that your child(ren) has the following items at the centre during the summer months. All items need to be at the centre by Monday, July 4<sup>th</sup> .

- Sunscreen and sun hats, (bring 2 hats in case one gets wet)
- Running shoes as well as water shoes
- Swim suit or UV suit and towel (marked with name).
- Swimmers for the babies and toddlers of the diaper brigade.

## **REMEMBER – FIELD TRIP POLICY – NO GEAR, NO GO!!!!!!**

It is the parent's responsibility to ensure that your child is prepared for all of his or her field trips. The centre cannot provide any missing supplies and therefore the child who comes unprepared will be staying at the centre.

This means your child is required to have a child-sized backpack, water (500ml), picnic lunch and, if needed, a swim suit, water shoes and a towel. When purchasing a backpack for your child, keep in mind that a picnic lunch, towel and swim suit **MUST** fit inside the pack and it needs to fit your child's body comfortably.

For safety reasons, no child can meet his or her group at our final destination. The children **MUST** be present at the centre before the group leaves.

## **FIVE STEPS TO FIELD TRIP HAPPINESS**

- 1) Arrive on time – time, tide and Trans Link waits for no one.
- 2) Wear well fitting running shoes. Open- toed shoes not allowed!
- 3) Bring water.
- 4) Dress for the weather – no suspenders or belts.
- 5) Have a picnic lunch in a child-sized backpack.

## **PICNIC LUNCHES**

Unless otherwise indicated, all field trips and outings require that your child have a picnic lunch in a child-sized backpack. Label all food items with child's name. A picnic lunch should consist of the following items –

- Sandwich or finger foods
- Fruit

- Treats (ie granola bars, cereal bars, raisins, etc.)
- A re-sealable, non-spill, bottle of water – 500ml – do not freeze
- Wet cloth in a plastic bag for sticky hands and faces
- Ice pack
- Spoon or fork (if needed) (not plastic – choking hazard)

Place all food items in a large Ziploc bag before placing in the backpack.

### **FOOTWEAR ALERT!**

**DO NOT** send open-toed sandals for your child to wear for any outdoor activity. Little toes are easily injured with this type of footwear. Please ensure your child **always** has a pair of running shoes at the centre for any outings.

### **WE ARE OUT OF HERE!**

All children should be at the centre no later than 10:00am each day. If your child's group is scheduled for a field trip, then arrival time should be no later than 9:30am. Once the group has left for their outing, any late arrivals will be staying behind at the centre.

The children will often be out for a morning's adventure on the spur of the moment, and therefore it is important to inform the staff if you know your child will be arriving after 10:00am. If your child arrives after the entire 3-5 group has left the centre, then you will need to either stay at the centre with your child or return after we have come back from our morning outing. **NO** exceptions!

### **BEACH DAYS**

Most Tuesdays, we will be walking down to the beach. Your child will need a picnic lunch, swim suit or UV suit, towel, water shoes, sun hat and a plastic bag (for the wet stuff), for these outings. Your child needs to be at the centre no later than 9:30 am. Once the children have left the building, late comers **cannot** join the group. **NO exceptions!**

### **LIGHTHOUSE PARK – RED ROBINS AND EAGLES**

The children will be travelling by bus and once at the park, they will be hiking on some of the trails that wander throughout the park. They will eat lunch somewhere along the trail.

### **FOOT RALLY – EAGLES**

Back again this year is the popular foot rally! The Eagles will be going on a foot rally to Ambleside Beach, collecting pre-determined items along the way. We will make a stop at the Dairy Queen for a break, and once we reach the beach, we tally up our finds. Lunch at McDonald's for those completing the course. We will be taking the bus back to the centre after lunch. The children will need a backpack, well-fitting running shoes and water for this outing.

### **ROMP AND ROLLYCK PLAYGROUND - RED ROBINS, CHICKADEES AND EAGLES**

This wonderful field trip will be at the West Vancouver Ice area. The children can play on 5 extraordinary inflatables, as well as additional sport and riding activities. Our scheduled time is 9:30 am until 11 am; please ensure your child is at the centre by 8:30 as we will be leaving at 9 am to get there on time.

### **JOHN LAWSON PARK – RED ROBINS AND EAGLES**

The children will be walking to John Lawson Park for a play and a picnic lunch. If the weather is pleasant, then they will be using the wading pool. They will be taking the bus back to the centre. Please provide a swim suit, towel and a plastic bag for this outing.

### **AMBLESIDE BEACH – RED ROBINS AND EAGLES**

The children should arrive for this outing wearing a swim suit or UV suit and packing a towel, underwear, water shoes, a picnic lunch and a plastic bag for the wet stuff. We will be frolicking in the ocean and having lunch at the beach.

We will be traveling to the beach and back again by bus.

### **CAPILANO RIVER HIKE – RED ROBINS AND EAGLES**

The Red Robins and Eagles will be traveling by bus to Park Royal and then hiking along the trail that follows the Capilano River. We will enjoy a picnic lunch along the trail. If the weather is pleasant, then we will go splashing in the river, so please provide water shoes, a change of clothes and a plastic bag.

### **BEACH FUN DAYS – CHICKADEES, RED ROBINS AND EAGLES**

These special beach fun days will take place at Dundarave Beach. Bring a swim suit or a UV suit, towel, picnic lunch and a plastic bag and be prepared to have some fun!

### **PIRATE DAY**

Avast me maties! Tis treasure we will be seeking! If your child is going to be at the centre for pirate day, then dress up, bring an empty bag and get ready to go seeking for hidden treasure! (3-5 side only).

### **MAHON PARK – RED ROBINS AND EAGLES**

The Red Robins and Eagles will be traveling by bus and then walking a short distance to play at Mahon Park in North Vancouver. The children will need to pack a swim suit, towel and a plastic bag as there is a water park there that opens after lunch.

We will play in the playground and then enjoy a picnic lunch before getting wet!

### **BELLA CERAMICA – RED ROBINS AND EAGLES**

The Red Robins and Eagles will walk to Ambleside Beach for some fun in the sun before enjoying a picnic lunch. Then we will walk to Bella Ceramica studio, located at the 1300 block Marine Drive for a ceramic session. The children will select an object to paint and then the studio will fire their object for pick-up at a later date. Their masterpieces will then be handed out at the centre. The children will travel back to the centre by bus.

**HARMONY ART FESTIVAL – Wednesday, August 3 @ 10:00am – 11:00am**

We will be going to John Lawson Park to see “She” a children’s singer/songwriter, and her performances guarantee the “Kids” have all the fun. She has two albums released and more tunes being recorded this year!

You can go to [www.munchkinmusic.net](http://www.munchkinmusic.net) to see a sample of her work.

**BAKerview FARM TOUR**

New this year! The Red Robins and Eagles will be joining PJ Kids Club on a chartered bus to the Bakerview Farm. Visit [www.ecodiary.ca](http://www.ecodiary.ca) to learn more about the farm.

**FULL EVACUATION DRILL**

The children (from both programs), along with the staff, will be participating in a mandatory, annual evacuation drill.

The children will be taking their emergency packs with them when we leave the building. Our evacuation shelter is the West Vancouver Rec Centre. We will be walking to the Rec Centre, (the toddlers/babies will be in strollers), and then the 3-5 group will be taking part in the “Romp and Rollick Playground in the Ice Arena”, put on by the West Vancouver Rec Centre. The children in the baby’s room will return to the centre in time for lunch.

Please provide a picnic lunch which will fit into your child’s emergency pack.

If you do not want your child to participate in this mandatory drill, then you will need to make arrangements for your child to stay home on this day.

**FIELD TRIP PAYMENT**

**Red Robins** – If your child is participating in the Bella Ceramica and the Romp and Rollick, then the cost is \$10.00. Bella Ceramica only is \$5.00 and Romp and Rollick \$5.00.

**Eagles** – If your child is participating in the Bella Ceramica, Romp and Rollick and the Foot Rally, then the cost is \$15.00. Bella Ceramica only is \$5.00, and the Foot Rally only is \$5.00. Romp and Rollick \$5.00.

**To make it easier each fieldtrip that requires a payment will be \$5.00.**

### **ANY QUESTIONS?**

**If you have any questions, or concerns about anything connected to the summer fun program, then please speak to the staff before the outings begin. Thank you.**

### **SAFETY NOTES**

All of the field trips are planned and organized with care and forethought, in order to maintain the safety of the children.

Basic rules and regulations must be followed to ensure the safety of the group as a whole. The children are taught to stay with the group, to listen and to follow the instructions of the staff. The children are closely monitored at all times while on the outings

The following is a list of rules that must be adhered to at all times in order for the field trips to be fun and safe for everyone.

- 1) All children who are participating in an outing must be at the centre before the group leaves.
- 2) No child can meet his/her group at their final destination. This includes all beach days.
- 3) Any child acting in an unsafe manner or displaying any behaviours that impact the safety of the group, will not be able to participate in any field trips.
- 4) A child who comes unprepared for his/her group's field trip will not be allowed to participate and will need to remain at the centre. NO exceptions.

### **CHECKLIST FOR FIELD TRIPS**

- 1) Dress accordingly for the weather. Layering works best for most of the field trips
- 2) Have a sun hat.
- 3) Wear well-fitting running shoes.
- 4) Pack a picnic lunch, water, wet cloth, ice pack and a spoon.
- 5) Have a child-sized backpack.
- 6) Pack a swim suit, towel and a plastic bag (if needed).

***If you are unclear about anything contained in this newsletter, then please ask a staff member as soon as possible. We want all the children to have a great time this summer!***

A permission sheet will be handed out before the field trips occur. Please sign for the trips that your child is going to attend.

Accidents can be the result of the nature of these activities and can occur with or without fault on either part of the child, or the Board of Directors or its employees or the facility where the activities are taking place. By allowing your son/daughter to participate in these activities, you are accepting the risk of an accident occurring, and agree that in these activities, as described above, are suitable for your child.

**Please note:** A field trip may be cancelled upon short notice, due to lack of attendance, weather or any other unforeseen circumstance that could affect the safety of the children.

**LUNCH MENU FOR:**

**Child' name:** \_\_\_\_\_ **Parent's Signature:** \_\_\_\_\_

**FOOT RALLY – EAGLES – MONDAY, JULY 18<sup>TH</sup>**

Back again this year is the popular foot rally! The Eagles will be going on a foot rally to Ambleside Beach, collecting pre-determined items along the way. We will make a stop at the Dairy Queen for a break, and once we reach the beach, we will tally up our finds. Lunch at McDonald's for those completing the course! We will be taking the bus back to the centre after lunch. The children will need a backpack, well-fitting running shoes and water for this outing.

**Please choose from the following: (one main meal, one side dish and one drink)**

**Main meal:** Hamburger:\_\_\_\_ Cheese Burger:\_\_\_\_ Nuggets:\_\_\_\_

**Side dish:** French Fries:\_\_\_\_ Apple slices:\_\_\_\_

**Drink:** Milk:\_\_\_\_ Apple juice:\_\_\_\_

Please fill in and return to the centre no later than Friday, July 15<sup>th</sup>.

Thank you.